

WORLD AIKIDO AIKIKAI INC
KYU GRADE
PROMOTION TEST REQUIREMENTS

5TH KYU (80 DAYS)

T	Katatetori	Shihonage
T	Katatetori	Kaitennage
T	Ryotetori	Tenchinage
T	Munetsuki	Kotegaeshi
T	Shomenuchi	Iriminage
TS	Shomenuchi	Ikkyo
S	Ryotetori	Kokyuhō

4TH KYU (100 DAYS*)

TS	Shomenuchi	Ikkyo
TS	Shomenuchi	Nikyo
TS	Katatori	Ikkyo
TS	Katatori	Nikyo
T	Munetsuki	Kotegaeshi
T	Shomenuchi	Kotegaeshi
T	Munetsuki	Iriminage
T	Shomenuchi	Iriminage
T	Shomenuchi	Shihonage
T	Yokomenuchi	Shihonage
S	Roytetori	Kokyuhō

3RD KYU (125 DAYS*)

T	Ushiro Ryotetori	Ikkyo
T	Ushiro Ryotetori	Nikyo
TS	Shomenuchi	Sankyo
TS	Shomenuchi	Yonkyo
TS	Katatori	Sankyo
TS	Katatori	Yonkyo
T	Morotetori	Iriminage
T	Yokomenuchi	Iriminage
T	Shomenuchi	Iriminage
T	Shomenuchi	Kaitennage
T	Munetsuki	Kaitennage
T	Ushiro Ryotetori	Shihonage
H	Katatetori	Shihonage
J	Katatetori	3 techniques
S	Ryotetori	Kokyuhō

2ND KYU (150 DAYS*)

H	Ushiro Katatori	Sankyo
T	Ushiro Ryotetori	Sankyo
T	Ushiro Ryotetori	Yonkyo
T	Shomenuchi	Gokyo
T	Yokomenuchi	Gokyo
T	Katatetori	Kotegaeshi
TH	Yokomenuchi	Kotegaeshi
TH	Shomenuchi	Iriminage
T	Katatetori	Iriminage
T	Ushiro Ryotetori	Iriminage
T	Ryokatatori	Jujinage
T	Ushiro Ryotetori	Jujinage
T	Shomenuchi	Koshinage
T	Ushiro Ryotetori	Koshinage
T	Shomenuchi	Shihonage
T	Ushiro Ryotetori	Shihonage
J	Shomenuchi	3 techniques
J	Ryotetori	3 techniques
T	Morotetori	Kokyuhō
S	Ryotetori	Kokyuhō

1ST KYU (200 DAYS*)

TS	Shomenuchi	Ikkyo
TS	Shomenuchi	Nikyo
TS	Shomenuchi	Sankyo
T	Shomenuchi	Yonkyo
T	Yokomenuchi	Gokyo
T	Katatetori	3 nage
T	Ryotetori	3 nage
T	Morotetori	3 nage
T	Munetsuki	3 nage
T	Yokomenuchi	3 nage
T	Shomenuchi	3 nage
T	Ushiro Ryotetori	3 nage
H	Katatetori	Shihonage
H	Tsuki	Kaitennage
T	Tantotori	3 techniques
J	Yokomenuchi	3 techniques
J	Tsuki	3 techniques
J	Ushiro	3 techniques
T	Morotetori	Kokyuhō
S	Ryotetori	Kokyuhō

DAY* Number of Training Days required after attaining previous promotion.

T- Tachi Waza H- Hanmi Handachi S- Suwari Waza J- Jyu Waza
 Omote and Ura shall be applied or as called for by examiner.